



MY CLINIC

# My Maternity Pregnancy Programme

“For the best care”



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Pregnancy can be a very thrilling time in the life of every woman, but can also be accompanied by many challenges. The peace of mind provided by excellent care through out pregnancy is just as crucial as postnatal care.

## WHY CHOOSE MY CLINIC'S PREGNANCY PROGRAMME

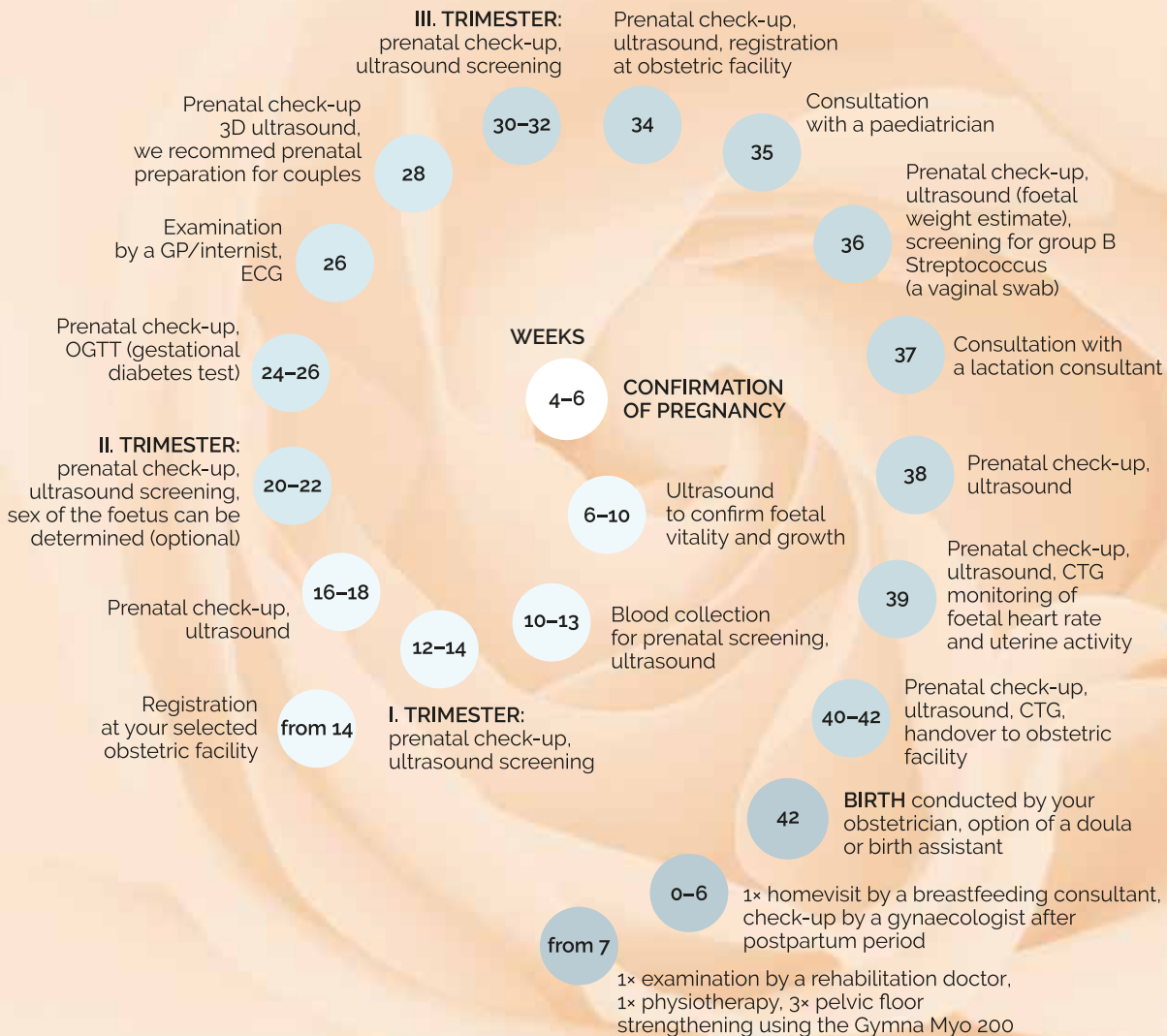
- You will receive the best care throughout pregnancy, childbirth and postpartum.
- Our client centre will assist you with making appointments with a particular specialist and will help set up all aftercare tailored especially for your needs.



- Our pregnancy programme provides screening assessment of the foetus throughout pregnancy trimesters.
- The programme includes ultrasound checkups during every appointment.
- Images from your 3D and 4D ultrasound can be provided on a thumb drive or as paper photos.
- We will discuss your pregnancy plan, advise you on your activities as well as any travel plans abroad while pregnant and help plan what you need prior to childbirth. If you like, we will help arrange a birth assistant, doula, or an appointment with a lactation consultant.
- In case of complications, any necessary care will be arranged directly at the Institute for the Care of Mother and Child (UPMD).
- At My Clinic, we focus on excellent care and cooperation with other clinicians and specialists. Postnatal care includes physiotherapy and device-assisted therapy to strengthen the pelvic floor.
- At My Clinic, you will find a family-oriented and welcoming environment, a pleasant atmosphere, and the added benefit of convenient accessibility near the Dejvická metro station, as well as parking in the building.
- Another perk of our comprehensive care is premium neonatology and paediatric care for your baby, with a discount for pregnancy programme holders.

Our main goal is to guide you throughout your pregnancy, childbirth, and postnatal care in the best possible and most caring way. The best thing you can do for your baby at the start of its life is to experience these precious moments in safety and with positive anticipation.

# THE MY MATERNITY PREGNANCY PROGRAMME



"Pregnancy brings women much joy, but also new needs. We strive to help every mother during this time so that she knows that we're here to give her the best care."

doc. MUDr. Jiří Hanáček, Ph.D., Chief of Obstetrics and Gynaecology



**doc. MUDr. Jiří HANÁČEK, Ph.D.**

Chief of Obstetrics and Gynaecology at My Clinic

Dr. Hanáček works at the Institute for the Care of Mother and Child in Prague's Podolí, where he is the Deputy Chief of Obstetrics and Gynaecology. Not only is he an excellent obstetrician, but he also specializes in the treatment of infertility, pelvic pain, myomas and endometriosis.

[www.myclinic.cz](http://www.myclinic.cz)



WHERE TO FIND US

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