

GroinX Masterclass

Advanced Management
of Athletic Groin

Feb 12—13
2026

NATIONAL LIBRARY OF TECHNOLOGY
PRAGUE, CZECHIA

The ball is on your
side of the court now!



Why the athletic groin?

Groin pain in athletes remains one of the most complex and misunderstood diagnostic and therapeutic challenges — not only in sports medicine but also in general and orthopedic surgery. And with the ever-growing number of recreational athletes and active individuals, this is no longer a condition exclusive to elite professionals. Anyone with a sporty mindset can suddenly find themselves navigating the same frustrating maze.

Whether the cause is adductor-related, inguinal, pubic, or post-surgical, the groin — a deceptively small region — can cause disproportionately large problems. For patients, it can mean pain, time off sport, and prolonged recovery. For clinicians, it often brings uncertainty, delayed diagnoses, ineffective treatments, and, in many cases, unnecessary procedures.

Despite increased interest in recent years, groin pain remains poorly understood by many healthcare providers to this day.

That's why it has long earned its nickname:
The Bermuda Triangle of Sports Surgery.

It's time to rewrite that map

This international and truly interdisciplinary event aims to demystify groin pain by uniting world-leading experts from across the spectrum — hernia surgery, sports medicine, orthopedics, physiotherapy, radiology, longevity, and high-performance sports. Together, we will explore the latest science, practical strategies, and collaborative approaches to understanding and treating the athlete's groin.

What makes this conference different?

True interdisciplinarity:

We break down silos by blending surgeons, radiologists, physios, and sports doctors to sit at the same table and tackle the same cases— together.

Real-world focus:

From imaging to rehab to return-to-sport decisions, everything is rooted in practical, elite-level experience.

Live demonstrations:

Including cadaveric dissections, ultrasound sessions, and surgical technique showcases.

Athlete perspective:

Professional players and club medical teams will share how groin pain affects performance — and how they navigate care pathways.

Basic facts

Venue

National Library of Technology
Technická 2710/6
160 80 Prague 6
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www.techlib.cz/en

Conference secretariat

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